

## TCW Food Services - Snack Menu for Children Ages 1-13

### 2 Components Required

	Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3	4
<p>*All portions are based on age levels governed by the RI &amp; MA Food Programs.</p> <p>*All meals are served w/fresh fruit and milk.</p> <p>* Note that all portion sizes are the minimum required values, more food may always be served.</p>		Schools Closed for New Years!	Pears Cheese Sticks	Apples Celery Sticks	Bananas Carrots Sticks
	7	8	9	10	11
	Apples WG Graham Crackers	Oranges Pepper Strips	Pears WG Crackers & Cheese	Sliced Cukes Baby Carrots	WG Goldfish Apples
	14	15	16	17	18
	Apples Sliced Cukes	Oranges WG Goldfish	Pears Cheese Sticks	Apples Celery Sticks	Bananas Carrots Sticks
	21	22	23	24	25
<p>*Juice is allowed only once (!) per day, and must be 100% juice. This can be claimed.</p>	Schools Closed for Martin Luther King Jr. Day!	Oranges Pepper Strips	Pears WG Crackers & Cheese	Sliced Cukes Baby Carrots	WG Goldfish Apples
	28	29	30	31	
<p>*For a reimbursable snack, two components must be served. <i>Proof must be shown.</i></p>	Apples Sliced Cukes	Oranges WG Goldfish	Pears Cheese Sticks	Apples Celery Sticks	

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