

TCW Food Services - February Breakfast Menu for Children Ages 1-13

3 components required

	Monday	Tuesday	Wednesday	Thursday	Friday
<p>*All portions are based on age levels governed by the RI & MA Food Programs.</p> <p>*Every grain served must be Whole Grain. At minimum at least 1 WG option must be provided throughout the day. Refer to Lunch/Snack menus before switching any components.</p> <p>*Yogurt must not contain more than 23g of sugar in a 6oz serving. Sugar-free is always preferred.</p> <p>* Note that all portion sizes are the minimum required values, more food may always be served.</p> <p>*All meals are served w/fresh fruit and milk.</p> <p>*For a reimbursable meal, 3 components must be served. <i>Proof must be shown.</i></p>					1
					Oatmeal Oranges Milk
	4	5	6	7	8
	WG Bran Cereal Bananas Milk	WG Bagels Apples Milk	WG Pancakes Bananas Milk	WG Corn Muffins Apples Milk	WG Chex Cereal Oranges Milk
	11	12	13	14	15
	WG English Muffins Bananas Milk	Unsweetened-Yogurt w/ Granola Apples Milk	WG Rice Crisps Bananas Milk	WG Wheat Toast Apples Milk	Oatmeal Oranges Milk
	18	19	20	21	22
	TCW Schools Closed in Observance of President's Day!	WG Bagels Apples Milk	WG Pancakes Bananas Milk	WG Corn Muffins Apples Milk	WG Chex Cereal Oranges Milk
	25	26	27	28	
	WG English Muffins Bananas Milk	Unsweetened-Yogurt w/ Granola Apples Milk	WG Rice Crisps Bananas Milk	WG Wheat Toast Apples Milk	

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